like a vertical cigarette, on top. There, go right-ish and down, then, first decent chance you get, go left and up. Head for the sturdy posts of the perimeter fence by the wood. There's a stile in it, but ignore it.

outside of the track fence, delivers you to the unguarded top of who-wrote-this-rubbish you'll pick up a path that skirts the 2. Carefully climb over the barbed wire-topped fence a precipice, and shortly thereafter to a gate just beyond the big Street, then left to a hidden footpath sign atop steep steps. to the lower wood featured in the chunk below the picture.) decent, if steep, path down through the wood. It'll deliver you along as above, but first chance you get strike off left on a gorse bush (see below). 3. Over the barbed wire again, edge immediately to your right. After 50 metres of fence-clingingthat ends at a third stile behind the last modern house on Oak leftish in a dead straight line, on a very difficult (but legal) path over an ex-stile at the bend. Beware steep drop 2m. ahead. Go options, two bad, one not quite so. 1. Down the steep path, with roaring vehicles, do hop over the stile. Then you've 3 (If, for whatever reason, you find yourself sharing the track

Follow the fence to the right to just beyond the trees and a gate. Pop through that and, 200 metres along the broadening path, through another by a big gorse bush. You'll find yourself at Cowm Top, with a choice to make.



The most direct route back is to stick with the left-hand fence and head to the left of the houses for what looks like the edge of the world. It quickly resolves itself into Facit Incline, 550 metres of dead straight descent, splendid on a good day after a dry spell, but anywhere from worrisome to lethally slippery if it's damp. At the

bottom you're at the corner of the cycle path, and the Road to Nowhere leads you home, somewhat ironically.



But here's another option — the one shown red on the map. Opposite the signposted gate of the previous paragraph is a metal gate, with a path leading steeply down to begin with, towards a wood, which, one way or another, you're going to go through. The adventurous way is to turn down through the gap in the fence just before the wood and see where the obvious paths take you before you emerge just above the cyclepath. Or you can pass to the left of the wood, take the right turn just after it, by the bungalows, then turn right again to descend through the tunnel of trees on the path you may have used as you left the cyclepath on your way up.



This second series of guides follows the same format as the first - all the walks are circular; all start from a place where you can leave a car; most fit comfortably into a morning or an afternoon or a summer evening (walk 14 may be tight); all have ups, to give you the splendid views that Whitworth is blessed with, and downs (obviously); and all have route instructions supplemented with a clear, simple map and a small helping of history.

Whitworth has a fantastic network of paths that can be knitted together into many satisfying walks. But there is a big wide world of walking beyond our valley walls too, of course. Invest in OS map 21 (South Pennines) and explore. You might even find some walks that are half as good as these!

WALK 16 KNOTT HILL AND COWM TOP

Produced by Whitworth Sports Council and funded by



WALK 16 KNOTT HILL AND COWM TOP

START Riverside car park (or the boulders at the top of The Road to Nowhere)

DISTANCE 3.3 miles (Riverside start)

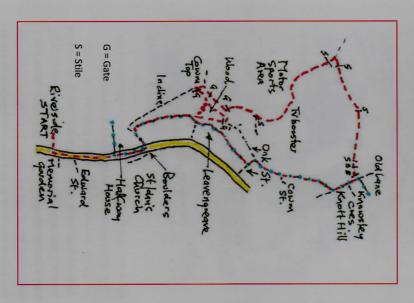
TIME 2 hours or so

NATURE OF WALK
Steep in places. Plenty of rough walking, so wear boots. Monday to Friday only (you'll see why later), and don't do it after wet weather, and especially not in mist. A quirky walk.

cycle path just below Chapel Houses/East View. right, onto Oak Street, which you descend to rejoin the a little path between bungalows. Now kink left, then the wooded tunnel you'll come to a gate that leads into soft too. At the junction go straight ahead, and through 10-20 metres in, and the junction halfway up can be a bit up straight ahead. But beware: it's always slutchy about signs); or you can take the path less trodden that rises between the houses of Leavengreave (follow the blue with the cycle path as it dips right and wends its flat way first mild slope (trees both sides) you can either stay orchid and a variety of butterflies. At the breast of the the field look out for wild flowers such as the common path bending northward. If you cut the corner through John's Church, then left, down the road to join the cycle metres up the main road to the boulders opposite St Turn left out of the Riverside car park and walk 300

Follow this section of the cycle path till it meets a road, Knott Hill, the approach road up to Knowsley Crescent. Walk up past the copper beeches to the second stile on

your left, immediately before the first house. It sports a footpath sign. Up and over — once, then twice, then three times. At the third the path rises dead straight ahead of you — a fence to the left and a broken wall to your right. Take your time, and turn around often, to enjoy the views across to the farms on the east side of Shawforth as they steadily reveal themselves.



At the top you meet a fence with a stile about 3m. to the right. Start off right of the broken wall, but you'll cross to the left of it soon, then stick with the wall until it deviates to the right. More concentration needed here.

There is a confident path directly ahead through the rushes...but actually it's a con. You can head up it, if you wish, looking when it gives out for a path that is no more than a sheep-trod heading off unpromisingly at about 45 degrees to the left. The simpler route is to go sharp left at the foot of the rushy hillock, skirting the whole rushy area by following the tractor tracks that you'll soon pick up. Whichever option you choose, keep your head up, looking for a gate/stile in a corner formed by the extension of the wall you left earlier and a fence. Go over the stile onto trackless moorland – but despair not!

a moment's thought. The bikers who use this place are road you'll be hearing from up here. later in this walk it'll be the constant traffic on the main wildlife. You'll hear their noise as you're walking around the open moor scarring the land and scaring the the good guys, indulging their passion without tearing disapproves of motor sport on green principle it's worth disapprove of bikers, but unless you're a purist who abandoned quarry. Walkers are hard-wired to but then it always was, as a quarry, and then as an 4x4-ers. It's a pitted, gouged horror-show of a place used at weekends by motor-bikers and, once a month, land. This is Cowm Leisure's enclosed off-road track, your left that takes you into a very carved-up area of Twenty metres ahead is another stile in the fence to peacefully on Brown Wardle on a Sunday afternoon, bu

Lecture over, now you're in you've got to get through! Here's the easiest way. Bear left from the stile, seeking a broad, relatively dry track. If you're lucky it'll be picked out for you by green triangular signs. Keep withir 20 metres, say, of the fence to the left, until you reach a more open area where the fence turns left and you can too, heading for the building with the television booster,